

JUNIOR VARSITY CHEERLEADING
TUCKER HIGH SCHOOL
TRY-OUT RULES, SCHEDULE, AND INFORMATION

DUE ON TUESDAY, APRIL 13, 2010 at NOON:

1. APPLICATION
2. PHYSICAL*

**(if you have one on file, complete page 4)*

All forms must be returned to **Ms. Gibson in Room B-219 by TUESDAY, April 13, 2010 at NOON**
FORMS MAY BE TURNED IN EARLY!!

If completed forms are not returned **ON** or **BEFORE** the due date, you will not be able to try-out. There will be **NO EXCEPTIONS**. If the applications contain any falsified information, you will not be permitted to try-out and an administrative referral will be made.

All financial and uniform obligations from the past school year must be completed before any forms will be accepted. The due date is still **TUESDAY, APRIL 13, 2010.**

TRY-OUT SCHEDULE:

JUNIOR VARSITY TRYOUTS WILL BE MONDAY, APRIL 19 through THURSDAY, APRIL 22 *

- ◆ **Practices will begin each day by 4:30 PM and end by 6:00 PM each day in the First Baptist Church gym on Main Street.**
- ◆ Dress appropriately with dark shorts (black or navy), white shirt, white socks, tennis shoes. **Change BEFORE arriving at the GYM!!**
- ◆ **DO NOT WEAR ANY JEWELRY.**
- ◆ **Hair MUST BE pulled back or up so it is off of the shoulders.**
- ◆ Fingernails should be cut for safety in participation.

- ◆ The gym area is off limits to friends and family during the try-outs.
- ◆ Team selections will be posted Friday morning, April 23 in the main lobby of THS and TMS.
- ◆ **THE DECISION OF THE COACHES IS FINAL.**

***Listed below are the criteria the coaches will use in selecting their teams for the season.** Their decisions will be based on observations made over a four day period. Candidates should listen closely to comments and suggestions made during daily evaluations as these can be used to aid in their improvement throughout the tryout week.

DANCE:

- coordination
- timing
- knowledge

SPIRIT:

- enthusiasm
- smile
- energy

JUMPS:

- height
- pointed toes
- approach/landing
- arm motions
- must do at least 3 jumps -
ex: toe touch, herkie, front hurdler, double nine, pike, around the world)

PERSONALITY PROJECTION:

- ATTITUDE
- confidence
- rapport/eye contact

APPEARANCE:

- neatness
- posture
- appropriate attire
(hair up, no jewelry, nails cut)

GYMNASTICS: (required for Tiger positions)

- skill level
- control
- execution

CHEERS:

- voice control
- coordination
- timing
- sharp motions
- knowledge

STUNTING:

- execution
- adaptability

ATTITUDE*

TEAMWORK/COOPERATION*

GRADES/CLASSROOM CONDUCT*

SCHOOL ATTENDANCE*

****(these 4 areas will carry the greatest weight in the selection process)***

CHEERLEADER APPLICATION

NAME _____ CURRENT GRADE _____

ADDRESS _____
Number and street city and zip code

HOME PHONE: _____
Please indicate if this number is to remain unpublished.

**YOU MAY TRY-OUT FOR BOTH FOOTBALL AND BASKETBALL SQUADS.
(See #3 below) PLEASE MARK APPROPRIATE CHOICES:**

JUNIOR VARSITY FOOTBALL
(Rising 9th and 10th graders) _____

JUNIOR VARSITY BASKETBALL
(Rising 9th and 10th graders) _____

PLEASE NOTE:

1. In order to try-out for cheerleading, a girl **MUST** have passed 3 classes the previous 1st Semester and be "on track" to graduate.
2. Cheerleading selections are in accordance with DeKalb County Athletic Advisory Committee regulations.
THE DECISION OF THE COACHES WILL BE FINAL.
3. A girl who elects to try-out for Basketball cheerleading **MUST** fulfill her obligations to the squad. If a girl declines to cheer for a squad after being selected or is dismissed from the squad for any reason, she will not receive recognition as a Tucker cheerleader nor will she be allowed to try-out for cheerleading the following year. When a girl makes the squad, she **MUST** be willing to fulfill her obligations to both squads. **DO NOT MARK BOTH SQUADS UNLESS YOU ARE WILLING TO CHEER DURING BOTH SEASONS.**
4. Each girl will be required to pay for the selected shoes, socks, shirts, sweaters, megaphones, camp fees, etc. The approximate cost will be about \$600.00. Cheerleaders are also required to pay Booster Club fees for the sports involved.
5. Stunting is a required part of Tucker Tiger cheerleading. Cheerleaders will be expected to either base or mount according to the guidelines set forth in the G.H.S.A Spirit Rulebook. Each squad must be comprised of members who are able to base, spot, and fly.
6. Cheerleading can be a wonderful experience but it requires a great deal of personal commitment and sacrifice. Each girl will put in long hours of hard work in preparation for each athletic event and must be willing to make such a commitment of time and dedication **both pre-season and in-season.**
7. All forms must be filled out **COMPLETELY.** Forms that are **LATE, INCOMPLETE, MISSING, OR FORGED WILL NOT BE ACCEPTED!!!**

To the Student:

I UNDERSTAND AND AGREE TO RESPECT ALL RULES AND STATEMENTS ON THIS APPLICATION IF I AM CHOSEN AS A TUCKER CHEERLEADER. I ACCEPT THE JUDGE'S DECISION AS FINAL.

SIGNATURE OF STUDENT

To the Parent:

I UNDERSTAND AND AGREE THAT MY CHILD IS RESPONSIBLE FOR EVERYTHING STATED ON THIS APPLICATION AND MUST RESPECT ALL RULES GIVEN THROUGHOUT THE YEAR. I ACCEPT THE JUDGES' DECISION AS FINAL.

SIGNATURE OF PARENT

**THIS APPLICATION AND ALL REQUIRED PAPERWORK MUST BE TURNED IN NO LATER THAN
TUESDAY, APRIL 13, 2010 at NOON**

FAILURE TO TURN IN THESE FORMS WILL MAKE A GIRL INELIGIBLE TO TRY-OUT FOR CHEERLEADING.
EVERY GIRL MUST HAVE A VALID PHYSICAL FORM IN ORDER TO TRYOUT!

A FORGED OR FALSIFIED DOCUMENT WILL RESULT IN A GIRL BEING INELIGIBLE TO TRY-OUT.
APPROPRIATE ADMINISTRATIVE ACTION WILL ALSO BE TAKEN.

**IF YOU ARE ON THE VARSITY TRACK, SOCCER, TENNIS, OR GYMNASTICS TEAM,
PLEASE CHECK BELOW:**

Varsity Gymnastics:

Varsity Track:

Varsity Soccer:

Varsity Tennis:

FULL Name_____ **Current Grade**_____

If you have a physical on file* already at Tucker High School for the 2009-2010 school year, it will allow you to tryout, but you will need to get a new one over the summer.

*Sport:_____ *Coach:_____

- NOTE: Each physical form must be located before you will be permitted to tryout. Do not complete this form unless you are absolutely certain that you have a physical on file for the current school year and that the physical is still valid.
- If you do not, you will be required to complete the attached physical form and submit it with your application which is all due on **TUESDAY, APRIL 13, 2010 by NOON**